

# COOPERATION

## Family Newsletter

PurposeFull  
People

### Cooperation Overview

This month's focus is Cooperation. One way to think about Cooperation is "working together to reach shared goals." As a family, talk about how this definition applies to how you work together at home. What are some goals you share?

Cooperation is 1 of 3 traits we will focus on throughout the year that helps students **Be Kind**. Across grade levels, students will be developing skills like perspective-taking, conflict resolution, and leadership.

### Conversation Starters



- What does Cooperation mean in your own words?
- What is 1 way we can practice Cooperation as a family?

### PurposeFull Pursuits

*Have some fun connecting as a family this month while practicing Cooperation. Here are 2 "PurposeFull Pursuits" you can complete together!*

**#1**

*Cooperation is working together to reach shared goals.*

This week, plan a time where everyone needs to work together to accomplish a shared goal like cleaning up the space you live in or making a meal together. Make sure everyone has a role to play with specific tasks. When the project is complete, discuss and celebrate how each person's part was important to the end result.



**#2**

Find a time to sit in a circle together and celebrate all the ways you have seen each other practice Cooperation. Take turns sharing responses to the following prompts or make up your own! Remember to practice Cooperation as you take turns and listen to each other.

#### Celebration Prompts:

- What family member(s) do you want to celebrate for their Cooperation this month?
- What is 1 way you were a leader this month? What is 1 way you were a helpful follower this month?