

30 (DAYS): DAY 6

"Call it a clan, call it a network, call it a tribe, call it a family: Whatever you call it, whoever you are, you need one." –Jane Howard

1 (PERSON): FAMILY MEMBER

Who Are They: _____

Why Do They Deserve Kindness: _____

What's Your Favorite Thing About This Person? _____

10 (MINUTES): PUT KINDNESS INTO ACTION

Make a formal invitation to hang out with a parent or guardian. Put together a fancy save the date card. Mark it in your calendar. Commit to doing something you know they will love.



Did you do it? YES! NOT YET

If yes, what did you learn? If not yet, what got in the way?
